



Jacki Gethner
REGENERATIVE THERAPIES

BODY WORKER, MASSAGE THERAPIST, & EDUCATOR

From healing sessions to group workshops, supporting individuals and communities in creating a healthy, thriving, safe, and inclusive world.

Jacki Gethner, bodywork and massage therapist with over 30 years of experience, is a professional trainer and educator dedicated to sharing practical skills with a lively presentation that is enjoyed by all. Her workshops and trainings leave a lasting impression and have a ripple effect of serving the communities of all who attend.

Her current focus is on supporting people in the wake of COVID to find new healthy and safe methods for interacting in the “new normal.”

ABOUT JACKI & HER WORK



Having started her massage / bodywork practice in 1988, Jacki Gethner is also an author, international health advocate and educator. Her licensure as a certified alcohol and drug counselor (CADC1) from 1998-2019 has also contributed to the collaborations she has shared over the years with nonprofits, government agencies, and other health educators.

Her work in prevention, self care, and skills-based trainings have resulted in her work receiving pharmaceutical funding as well as numerous local and national awards and press coverage. Her book, *Behind Door #3: Choose with Your Eyes Wide Open*, (reviewed here), is now a workshop possibility for agency fundraising and education.

In 2009, Jacki Gethner was awarded the National Kaiser Permanente Diversity Award for her work in the HIV/AIDS arena. She used this award to start her nonprofit, Women of a Certain Age (WOACA). [VISIT WOACA SITE](#)

Her current project, [After COVID-19: The New Self-Care Paradigm](#), evolved from an initial project offered to the Multnomah County Probation and Parole department, teaching professionals skills to share with clients to overcome barriers created by COVID and to rebuild/rethink client support systems.

AWARDS and AFFILIATIONS

AWARDS/HONORS

- Marigold Hotel Project for Good 2012
- Multnomah County Public Health Hero 2012
- Josiah Hill Community Leadership Award 2012
- Bank of America Foundation Local Hero Award 2011
- Huffington Post - Hero of the Day 2011
- POZ Magazine – *Healing Touch* Profile 2010
- Kaiser Permanente National Diversity Award 2009

AFFILIATIONS

- Oregon Women’s Health Network 1993 - 2015
- Oregon Gerontological Association 2010 - Current
- African American AIDS Awareness
- Action Alliance 2006 - 2013
- American Society on Aging 2014 - 2017
- Professional Member - Associated Bodywork and Massage Professionals 2004 - Present
- Certified Alcohol and Drug Counselor 1 1999 – 2019
- Viral Hepatitis Collaborative/ State of Oregon 2001 - Current

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P.O. Box 11211, Portland, OR 97211 | 503-208-5040 | jackigethner@gmail.com

www.jackigethner.com

PROFESSIONAL EXPERIENCE

Founder - Women of a Certain Age (WOACA) 2010 - Present

WOACA was created in 2010 after Jacki Gethner, LMT, CADC1 was the sole national recipient of the Kaiser Permanente diversity award for her work with persons both affected and infected by HIV/AIDS in Oregon, nationally and internationally.

Sole Proprietor - Jacki Gethner L.M.T. 1987 - Present

- Provider of integrative massage, reflexology, energy work, aromatherapy
- Other modalities to address issues ranging from stress reduction,
- Relaxation to trauma recovery and relief for those facing chronic and/or terminal illness.

Wellness Consultant/Educator 1987 - Present

- Multnomah County
- State of Oregon
- Other national contracts

SPEAKER/PRESENTER - International conference highlights include:

- 13th International AIDS Conference, Durban, South Africa - *Weaving the Basket of Self Care: Building a Community of Wellness*
- 11th International AIDS Conference, Vancouver, B.C. - *Reflexology as Self Care*
- Full listing available upon request

DVD Presentations include:

- *Thriving with HIV/AIDS*
- *Stress, Med Compliance, and HIV*
- *Reflexology-Relaxation for the Sole*

EDUCATION

Rocky Mountain School of Healing Arts, Boulder, CO 1986 - 1987

Metro State College, Denver, CO and Emporia State University, Emporia, KS